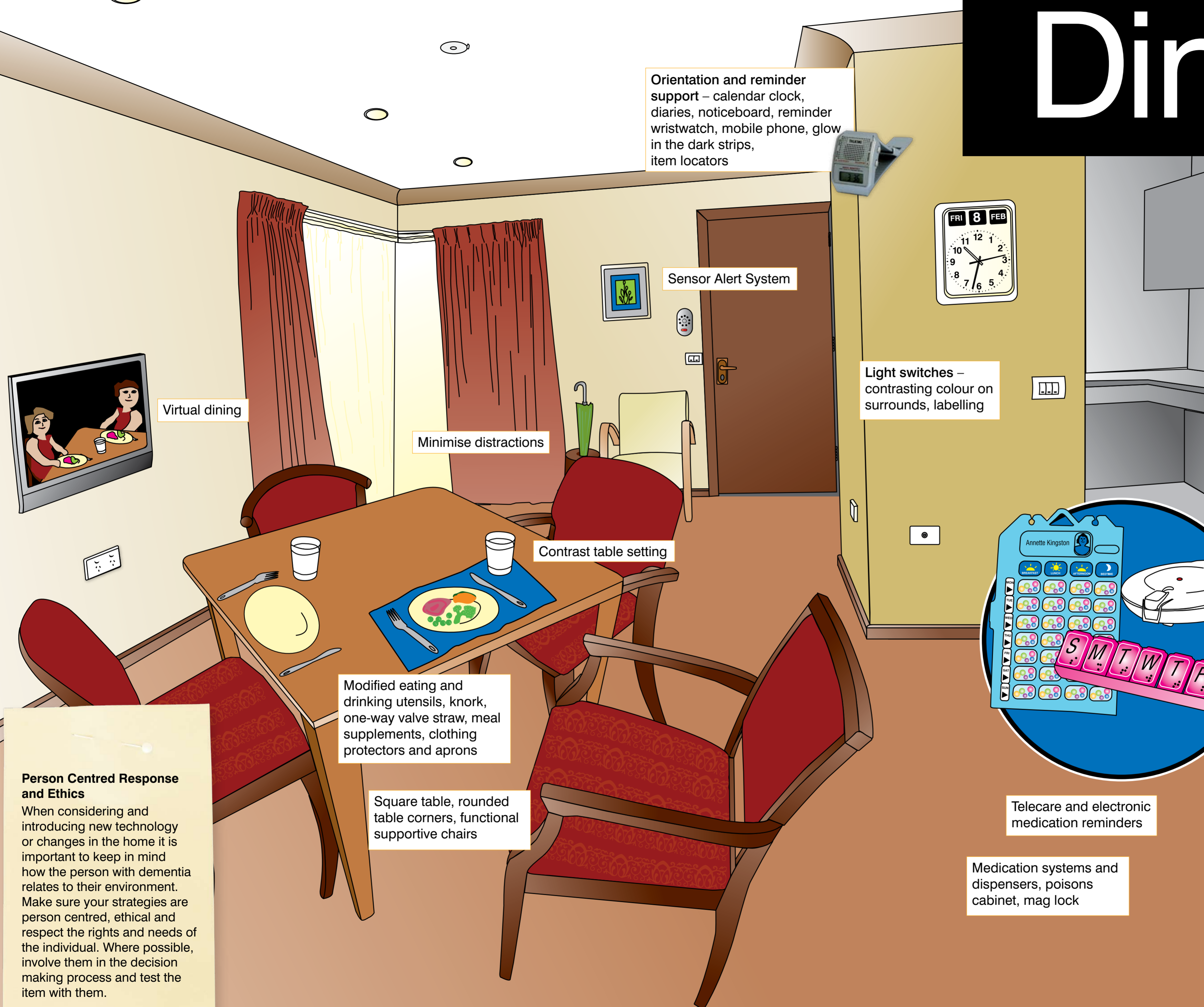


# Dining



Orientation and reminder support – calendar clock, diaries, noticeboard, reminder wristwatch, mobile phone, glow in the dark strips, item locators

Sensor Alert System

Light switches – contrasting colour on surrounds, labelling

Virtual dining

Minimise distractions

Contrast table setting

Modified eating and drinking utensils, knork, one-way valve straw, meal supplements, clothing protectors and aprons

Square table, rounded table corners, functional supportive chairs

Telecare and electronic medication reminders

Medication systems and dispensers, poisons cabinet, mag lock

These are common issues a person with dementia may experience in the dining room:

### Independence

- dining, using utensils
- recognising food or changes in appetite
- medications

### Safety and security

- malnutrition
- swallowing difficulties
- poisoning (food or chemical)

### Leisure and lifestyle

- social dining experience

### Person Centred Response and Ethics

When considering and introducing new technology or changes in the home it is important to keep in mind how the person with dementia relates to their environment. Make sure your strategies are person centred, ethical and respect the rights and needs of the individual. Where possible, involve them in the decision making process and test the item with them.



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